**Your Vision**

Use this opportunity to create clarity for your vision and goals – to firmly establish your Ideal Life. Review each of the areas below and think about what matters most to you and how you would define your ideal for each.

**Your Vision – What’s Important to You?**

Name: Click and type

Date: Click and type

**It all begins here…**

Now you can take everything you’ve thought about and jotted down on the previous page and capture it succinctly here.

Click and type

**Mindset Tip:**

Format is not important - use bullet form or paragraph format. To enhance the effectiveness of this worksheet, it is recommended you save a completed copy on your computer. You may want to put the date in the name of the document, so that you can refer to earlier versions later on in the planning process. This document is a dynamic document, meaning that it is intended to change and evolve over time.

**Your Vision – How to Achieve It**

This is where you can identify and document your professional and personal goals.

**Your Bigger Picture Goals 6 to 10 Years**

Professional

* Type here and hit ENTER to continue

Personal

* Type here and hit ENTER to continue

**Your Medium Term Goals 2-5 Years**

Professional

* Type here and hit ENTER to continue

Personal

* Type here and hit ENTER to continue

**Your Short-Term 1 Year Goals**

Professional

* Type here and hit ENTER to continue

Personal

* Type here and hit ENTER to continue

**Your 90-Day FOCUS**

Professional

* Type here and hit ENTER to continue

Personal

* Type here and hit ENTER to continue

**Mindset Tip:** Follow the SMART principle when documenting each of your goals by ensuring each one is specific, measurable, achievable, realistic and time-bound.